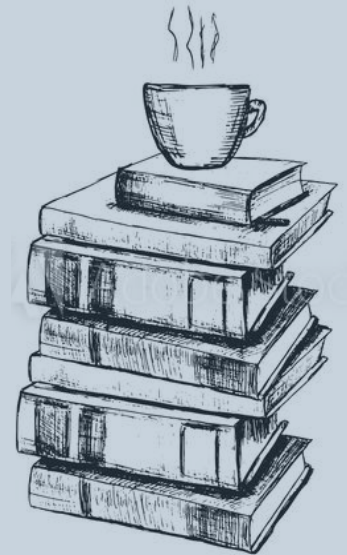




Greenbridge
HOMES | LANDSCAPES

Regenerative
Info-Sheet No. 6



Reading & Resource Essentials for all Things Regenerative...

Here are some really useful resources: books, articles, websites, plant nurseries, U-Tube clips and newsletters to help you with your project and regenerative journey!

Books:

Vegetable Growing & Bio Intensive:

Kath Irvine "The Edible Backyard. A practical guide to growing organic fruit and vegetables all year round"

Baxter, Kay "Koanga Garden Guide"

Niva & Yoram Kay "The Abundant Garden. A practical guide to growing a regenerative home garden"

Jeavons, John. "How to Grow More Vegetables than you Ever Thought Possible" www.growbiointensive.org

Ashworth, Suzanne "Seed to Seed: Seed Saving and Growing Techniques for Vegetable Gardeners"

Martin Crawford "How to Grow Perennial Vegetables. Low-maintenance, low-impact vegetable gardening"

Lucas, Rob "Managing Pests and Diseases"

Permaculture Specific:

Mollison, Bill. 'Introduction to Permaculture' & "Permaculture: A Designers Manual"

Morrow, Rosemary. 'Earth user's Guide to Permaculture'

Woodrow, Linda. 'The Permaculture Home Garden'

Nugent & Boniface "Permaculture Plants"

Orchards & Forest Gardening (Food Forest):

Baxter, Kay. "Design your Own Orchard"

Crawford, Martin 'Designing a Forest Garden'

Whitefield, Patrick "How to make a Forest Garden"

Hart, Robert "Forest Gardening"

Jake "Edible Forest Gardens" Vol 1 & 2

Lawton, Geoff "Establishing a Food Forest"

<https://www.youtube.com/watch?v=hCJfSYZqZ0Y>

Nutrition and Food Preparation:

Beddoe, A "Nourishment Home Grown"

Baxter, Kay "A Change of Heart"

Fallon, Sally "Nourishing Traditions"

Price, Western "Nutrition and Physical Degeneration"

Water, Restoring Watersheds & Terraquaculture:

Tane, Haikai "The Crucial Roles of Willows in Sustainable River Management"

Andrews, Peter; many publications...

Lancaster, Brad 'Rainwater Harvesting and Beyond'

Ludwig, Art "Create an Oasis with Greywater"

www.oasisdesign.net

Financial Systems:

Raworth, Kate "Doughnut Economics"

Kent, Deidre "Healthy Money, Healthy Planet"

Living Economics www.le.org.nz, savings co-operatives

Peak Oil & Climate Change:

Diamond, Jared "Collapse"

Pahl, Greg "The Citizen Powered Handbook"

Regenerative, Biological & Poly Farming:

Masters, Nicole "For the Love of Soil. Strategies to Regenerate our Food Production Systems"

Ingham, Elaine "Fundamentals of Soil Ecology"

Salatin, Joel "U Can Farm" &

"Everything I Want to do is Illegal"

Zimmer, Gary "The Biological Farmer"

Shelter, Forestry & Woodlot:

Mortimer, John & Bunny "Trees for the New Zealand Countryside"

Jansen, Helmut "Bush Assessment" (2nd half looks at high value mixed forestry)

Law, Ben "Woodland Way"

You-Tube & Video:

You-Tube: www.geofflawton.com

Video: 'Global Gardener, Gardening the World Back to life' Bill Mollison, ABC Video

Video: Seville Road State School, A Children's Food Forest' Permaculture Video Products, Tyalgum, Documentary "Money As Debt"

www.moneyasdebt.net



Courses:

* Greenbridge sponsors Kama Burwell who runs the Permaculture Design Certificate (PDC) kama@greenbridge.co.nz

* Dee Turner runs beginner organic gardener courses PH: 0211252035

* Jodi Roebuck runs market garden courses: www.roebuckfarm.com

* Taranaki Regenerative Agriculture run regular workshops, events and farm visits: taranakiregenag@gmail.com

Local Taranaki Groups:

Taranaki Regenerative Agriculture:

Facebook: <https://www.facebook.com/Taranaki-Regenerative-Agriculture>

Sustainable Taranaki:

<https://www.sustainabletaranaki.org.nz>

Crop Swap:

sustainabletaranaki.org.nz/crop-swap-taranaki

Seed Savers:

www.seedsavers.org.nz

Taranaki Poultry:

<https://www.facebook.com/groups/taranakipoultry>

Taranaki Landgirls:

[facebook.com/TaranakiLandgirls](https://www.facebook.com/TaranakiLandgirls)

Permaculture in Taranaki:

<https://www.facebook.com/groups/permaculture.taranaki>

Useful Websites:

www.koanga.co.nz for blogs, books, courses, plants

www.treesforbees.org.nz

www.edible.co.nz for subtropical plant info

www.gen.eco-village.org Global Eco-Village Network

www.permaculture.org.nz NZ Permaculture

www.earthship.net

www.earthsong.co.nz co-housing example NZ

www.ecoinnovation.co.nz Taranaki's Hydro power

www.redpath.co.nz Landscaping tools and materials

www.cowhouse.co.nz

www.pfaf.org Plants For a Future, a free database of useful species for temperate climates

www.quorumsense.org.nz Supporting NZ's regenerative farmers

Nurseries:

Nurseries are selected for their superior plant stock, knowledge & or because they are local.

The Fruity Gardener, Tataraimaka - Subtropical and Natives. <https://www.thefruitygardener.co.nz>

Te Kahuri Nurseries, Eltham - Shelter and Riparian <http://www.tekahurinurseries.co.nz/>

Edible Gardens, Palmerston North - Fruit Trees and Berries www.ediblegarden.nz

Koanga Institute - Fruit Trees and Seeds www.koanga.org.nz

Woodleigh Nursery, Taranaki - Hydrangeas and Natives. <https://woodleigh.co.nz/>

Subtropica - Subtropicals and Edibles www.subtropica.co.nz

Kahikatea Farms - Unusual Plants & Food Forest www.kahikateafarm.co.nz,

Seethas Seeds - vege, flower and unusual seeds <https://www.sethaseeds.co.nz>

Appletons Tree Nursery - bulk buy trees & forestry, specimen. www.appletons.co.nz, 03 541 8309

